## IMPLEMENTATION PLAN

Addressing Community Health Needs



Scobey, Montana 2019-2022

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## **The Implementation Planning Process**

The implementation planning committee – comprised of Daniels Memorial Healthcare Center (DMHC) leadership team – participated in an implementation planning process to systematically and thoughtfully respond to all issues and opportunities identified through their community health needs assessment (CHNA) process.

The CHSD community health needs assessment was performed in the winter of 2019 to determine the most important health needs and opportunities for Daniels County, Montana. "Needs" were identified as the top issues or opportunities rated by respondents during the CHSD survey process or during focus groups (see page 8 for a list of "Needs Identified and Prioritized"). For more information regarding the needs identified, as well as the assessment process/approach/methodology, please refer to the facility's assessment report, which is posted on the facility's website (<a href="http://www.danielsmemorialhealthcare.org/">http://www.danielsmemorialhealthcare.org/</a>).

The community steering and implementation planning committees identified the most important health needs to be addressed by reviewing the CHNA, secondary data, community demographics, and input from representatives representing the broad interest of the community, including those with public health expertise (see page 7 for additional information regarding input received from community representatives).

The implementation planning committee reviewed the priority recommendations provided by the community steering committee and determined which needs or opportunities could be addressed considering DMHC's parameters of resources and limitations. The committee then prioritized the needs/opportunities using the additional parameters of the organizational vision, mission, and values, as well as existing and potential community partners. Participants then created a goal to achieve through strategies and activities, as well as the general approach to meeting the stated goal (i.e. staff member responsibilities, timeline, potential community partners, anticipated impact(s), and performance/evaluation measures).

The prioritized health needs as determined through the assessment process and which the facility will be addressing relates to the following healthcare issues:

- 1. Access to Healthcare Services
- 2. Health and Wellness
- 3. Mental Health

In addressing the aforementioned issues, DMHC seeks to: Improve access to healthcare services; enhance the health of the community; and to Advance medical or health knowledge.

### **Daniels Memorial Healthcare Center's Mission:**

Daniels Memorial Healthcare Center will be Montana's leading critical access hospital for patients and caregivers.

### **Daniels Memorial Healthcare Center's Vision:**

Daniels Memorial Healthcare Center delivers high-quality healthcare to our community with compassion and respect.

### **Daniels Memorial Healthcare Center's Values:**

Daniels Memorial Healthcare follows several core values, which include:

- Trusted and compassionate care
- Workforce development
- Motivated and inspired caregivers
- Integrity and personal accountability
- Teamwork

### **Implementation Planning Committee Members:**

- Eric Connell, CEO Daniels Memorial Healthcare Center (DMHC)
- Athena Gardenier, Quality, Risk, Safety (DMHC)
- Missy Aldrich, Clinic/Business Office (DMHC)
- Barb Ward, Marketing and Executive Assistant (DMHC)
- Kim Wangerin, Finance, Billings Clinic
- Wendy Dahl, Compliance/HIM (DMHC)
- Jessica Winge-Petersen, RN, Director of Nursing Services (DMHC)
- Edith Huda, Materials Management, Human Resources, Payroll (DMHC)

## **Prioritizing the Community Health Needs**

The steering and implementation planning committees completed the following to prioritize the community health needs:

- Reviewed the facility's presence in the community (i.e. activities already being done to address community need)
- Considered organizations outside of the facility which may serve as collaborators in executing the facility's implementation plan
- Assessed the health indicators of the community through available secondary data
- Evaluated the feedback received from consultations with those representing the community's interests, including public health

### **DMHC's Existing Presence in the Community**

- Daniels Memorial Healthcare Center (DMHC) offers access to Billings Clinic specialists (i.e. cardiology, neurology, diabetes education, ENT, mental/behavioral health follow-up, etc.) through telemedicine
- DMHC offers various educational opportunities (i.e. women's heart disease, depression screening, osteoporosis, etc.) through its telemedicine programs
- DMS Health Technologies (based out of Fargo, North Dakota) provides mobile mammography services at the facility
- DMHC provides visiting nurse services to community members
- MRI services provided through Northland Imaging

### List of Available Community Partnerships and Facility Resources to Address Needs

- Daniels County Schools
- Beacon Community Foundation
- Daniels County Chamber of Commerce
- Daniels County Public Health Department
- Ministerial Association

- Montana State University (MSU) Extension
- MSU Center for Mental Health Research and Recovery
- Montana Healthcare Foundation
- Agency for Healthcare Research and Quality (AHRQ)
- Mental Health First Aid

## **Daniels County Indicators**

#### **Population Demographics**

- 25.5% of Daniels County's population is 65 years and older
- 10% of Daniels County's population has Veteran status

### Size of County and Remoteness

- 10,078 people in Daniels County
- 1.2 people per square mile

### Socioeconomic Measures

- 10.8% of persons are below the federal poverty level
- 16% of adults (age<65) are uninsured; Data is not available by county for uninsured children less than age 18
- 10% of children live in poverty; 21.3% receiving WIC benefits
- 3.6% of the population is enrolled in Medicaid

### Select Health Measures

- 27.3% of children (2-5 years of age) are overweight or obese
- 26% of adults are considered obese
- 27% of the adult population report physical inactivity (higher than the state)
- 13% of the adult population report smoking
- Unintentional injury death rate (per 100,000 population) is 51.6 compared to 41.3 for Montana

### **Nearest Major Hospital**

- Trinity Health in Minot, North Dakota 222 miles from Daniels Memorial Healthcare Center
- Although Trinity Health is the closest facility, DMHC refers a majority of its patients to Billings Clinic in Billings, Montana which is 340 miles away

### **Public Health and Underserved Populations Consultation Summaries**

### **Public Health Consultation**

Lois Leibrand, RN - Daniels County Public Health; Deanna Ferestad, FNP - DMHC Provider; Dawn Hammerly - DMHC Social Services. 11/13/2018

- The population is actually increasing, people are just going elsewhere to have their babies so numbers are not always accurate.
- Suicide is an issue here and in Montana

#### Underserved Population – Low-Income, Underinsured

Lois Leibrand, RN - Daniels County Public Health; Deanna Ferestad, FNP - DMHC Provider; Dawn Hammerly - DMHC Social Services; Mary Nyhus - Daniels County Health Officer. 11/13/2018

- It seems like there are a lot of people on Medicaid.
- Even farmers are on Medicaid now.
- We don't have a super accurate WIC there are a lot of WIC folks, but you have to go to Plentywood to sign up.
- Having to go to Plentywood is an access issue and I think that is a problem for other services as well.

### <u>Underserved Population – Youth</u>

Tara Thomas – Superintendent, Scobey Schools; Lois Leibrand, RN – Daniels County Public Health. 11/13/2018

- There are bigger numbers of kids in elementary schools now than they were 10 years ago. A lot of younger families moving in.
- It seems like I have seen a lot of younger families moving in.

#### **Needs Identified and Prioritized**

#### **Prioritized Needs to Address**

- 1. Respondents rated the top component of a healthy community as "Access to health care and other services" (70.4%).
- 2. Respondents identified the top ways to improve the community's access to healthcare: "More specialists", "More primary care providers", "More information about available services", and "Telemedicine".
- 3. Key informant interview participants noted a need for a stable/consistent primary care workforce.
- 4. 26.7% of survey respondents indicated they or a family member had to delay or not receive needed medical services in the past three years. Top reasons identified for having to delay or not receive services was they "Could not get an appointment", "Too long to wait for an appointment", "It costs too much" and "It was too far to go".
- 5. 23.2% of survey respondents rated their knowledge of healthcare services as "Fair" or "Poor".
- 6. Key informant interview participants expressed a desire for additional visiting specialists.
- 7. Survey respondents most desired specialty services were: Dermatology, Assisted living, and Mental health.
- 8. Key informant interview participants noted a need for services that assist seniors to age in place.
- 9. Social isolation was identified as a concern for seniors in the community.
- 10. 5.8% of survey respondents indicated they felt lonely or isolated in the past year "Everyday" or "Most days".
- 11. 55.5% of survey respondents rated the community's health as "Somewhat healthy."
- 12. Those classes/programs that survey respondents were most interested: "Health and wellness", "Weight loss", and "Nutrition".
- 13. 18.8% of survey respondents indicated they had physical activity of at least 20 minutes over the past month either "1-2 times per month" or "no physical activity".
- 14. Top identified health concerns for the community were: "Cancer", "Alcohol abuse/substance abuse", and "Depression/anxiety".
- 15. Mental health services were identified as a top desired healthcare service and its importance has grown significantly more than in previous assessments.
- 16. 18.9% of survey respondents indicated there were periods of at least three consecutive months in the past three years where they felt depressed on most days.
- 17. Key informant interviews frequently mentioned mental health as a top concern. Noting limited resources and services available.

### **Needs Unable to Address**

(See page 25 for additional information)

- 1. Top health concern identified in the community was "Cancer".
- 2. Largest barrier to having health insurance was ability to pay.
- 3. 42.6% of survey respondents indicated they either were unaware or not sure of programs that assist people with their healthcare bills.

## **Executive Summary**

The following summary briefly represents the goals and corresponding strategies and activities which the facility will execute to address the prioritized health needs (from page 8). For more details regarding the approach and performance measures for each goal, please refer to the Implementation Plan Grid section, which begins on page 13.

Goal 1: Improve access to healthcare services in Daniels County

**Strategy 1.1:** Increase access to primary care services at Daniels Memorial Healthcare Center.

#### **Activities:**

- Conduct feasibility study of expanded clinic hours
- Evaluate impact of expanded hours (time, appointments, workforce, and pharmacy) and make adjustments as necessary.
- Continue efforts to recruit a physician to expand service availability
- Create marketing /education outreach on services that Advanced Practice Providers can provide and educate on how
   Daniels Memorial Healthcare Center is working to expand desired primary care services

## **Strategy 1.2**: Explore opportunities to enhance access to specialty care in Daniels County **Activities**:

- Determine opportunities to enhance specialty services via telemedicine at Daniels Memorial Healthcare Center
- Improve education and marketing for staff and community about available specialty services via telehealth
- Explore opportunities to expand current specialty services at Daniels Memorial Healthcare Center (Echocardiograms, expanded ultrasound, women's health)

# **Strategy 1.3:** Support local transportation services that assist County residents in accessing healthcare services in the region **Activities:**

 Continue Daniels Memorial Healthcare Center's participation on Daniels County Transportation Committee in supporting local transportation services

## **Strategy 1.4:** Support and expand senior services that assist Daniels County seniors to age in place **Activities:**

- Explore feasibility of offering home care services through Daniels Memorial Healthcare Center (assess potential partners)
- Explore feasibility of offering assisted living services through Daniels Memorial Healthcare Center (assess potential partners)
- Continue to provide services (visiting nurse, adult daycare, footcare clinic, lifeline, whirlpool) that assist seniors to age in place
- Continue to provide access to healthy meals through Meals on Wheels program for seniors in Daniels County

Goal 2: Enhance Daniels Memorial Healthcare Center's support of and outreach for health and wellness in Daniels County

## **Strategy 2.1:** Support community programs and events that encourage healthy behaviors and lifestyles **Activities:**

- Continue to support community health and wellness programs and events that promote healthy behaviors and activities
  - o Sponsor Tower Hill Walk and Golf Tournament
  - o Provide sports physicals at local schools
  - o Provide space for various classes and access to PT facility and equipment
  - Participate in Day of Service community event targeted to local veterans
- Explore new modalities (social media, other) to promote health, wellness and provide information to community

Goal 3: Improve access to mental health services at Daniels Memorial Healthcare Center

## **Strategy 3.1:** Explore opportunities to advance access to mental health services **Activities:**

- Convene staff workgroup to identify/evaluate potential mental health opportunities, current resources, and barriers, challenging access to mental health services
- Explore expanded use of telehealth mental health services
- Determine community/regional partners and resources that support access to mental health services
- Present mental health workgroup findings to facility staff and discuss next steps

## **Strategy 3.2:** Continue support of current mental health efforts in Daniels County **Activities:**

- Continue participation in Billings Clinic Suicide Prevention program providing services to providers in evaluating mental health needs presenting in ER via iPad
- Continue Daniels Memorial Healthcare Center's participation on Daniels County Local Mental Health Advisory Committee
- Expand LCSW/LCPC services at Daniels Memorial Healthcare Center
- Support Daniels Memorial Healthcare Center's Social Services Manager in partnering with local schools to implement the #LetsTalk app with local youth (provides an easy to use resource for things pertaining to mental health and suicide prevention)

## **Implementation Plan Grid**

**Goal 1:** Improve access to healthcare services in Daniels County.

**Strategy 1.1:** Increase access to primary care services at Daniels Memorial Healthcare Center.

Activities	Responsibility	Timeline	Final Approval	Partners	Potential Barriers
Conduct feasibility study of expanded clinic hours.	Clinic Manager	Begin Feb 2019 ongoing quarterly reporting	CEO	Local pharmacy (Service Drug)	Resource limitations
Evaluate impact of expanded hours (time, appointments, workforce, and pharmacy) and make adjustments as necessary.	Clinic Manager	Begin Feb 2019 ongoing quarterly reporting	CEO	Local pharmacy (Service Drug)	Resource limitations
Continue efforts to recruit a physician to expand service availability	CEO	Ongoing	CEO	Montana Connections/AHEC Recruitment Program/3RNet/ Medifis/MHN/Mo ntana Hospital Jobs	Financial limitations Workforce limitations
Create marketing /education outreach on services that Advanced Practice Providers can provide and educate on how Daniels Memorial Healthcare Center is working to expand desired primary care services	Marketing	Ongoing	CEO	Third party advertising agency	Resource limitations Finance limitations

## **Needs Being Addressed by this Strategy:**

- 1. Respondents rated the top component of a healthy community as "Access to health care and other services" (70.4%).
- 2. Respondents identified the top ways to improve the community's access to healthcare: "More specialists", "More primary care providers", "More information about available services", and "Telemedicine".
- 3. Key informant interview participants noted a need for a stable/consistent primary care workforce.

- 4. 26.7% of survey respondents indicated they or a family member had to delay or not receive needed medical services in the past three years. Top reasons identified for having to delay or not receive services was they "Could not get an appointment", "Too long to wait for an appointment", "It costs too much" and "It was too far to go".
- 5. 23.2% of survey respondents rated their knowledge of healthcare services as "Fair" or "Poor".

## **Anticipated Impact(s) of these Activities:**

- Increased access to primary care services
- Increased knowledge of available primary care services
- Improved health outcomes

## Plan to Evaluate Anticipated Impact(s) of these Activities:

- Determine feasibility of expanded clinic hours
- Track efforts to hire new physician
- Track development of new outreach education materials
- Track practitioner utilization pre/post marketing efforts

Measure of Success: Daniels Memorial Health Care Center continues to offer expanded availability of primary care services.

Goal 1: Improve access to healthcare services in Daniels County.

**Strategy 1.2:** Explore opportunities to enhance access to specialty care in Daniels County.

Activities	Responsibility	Timeline	Final Approval	Partners	Potential Barriers
Determine opportunities to enhance specialty services via telemedicine at Daniels Memorial Healthcare Center	Education	Ongoing, quarterly reporting	CEO	EMTN	Resource limitations Workforce limitations
Improve education and marketing for staff and community about available specialty services via telehealth	Marketing	Begin Q3 2019	CEO	EMTN	Resource limitations
Explore opportunities to expand current specialty services at Daniels Memorial Healthcare Center (Echocardiograms, expanded ultrasound, women's health)	CEO	Ongoing	CEO	External service companies	Resource limitations Financial limitations Workforce limitations

### **Needs Being Addressed by this Strategy:**

- 1. Respondents rated the top component of a healthy community as "Access to health care and other services" (70.4%).
- 4. Respondents identified the top ways to improve the community's access to healthcare: "More specialists", "More primary care providers", "More information about available services", and "Telemedicine".
- 6. Key informant interview participants expressed a desire for additional visiting specialists.
- 7. Survey respondents most desired specialty services were: Dermatology, Assisted living, and Mental health.

## **Anticipated Impact(s) of these Activities:**

- Enhanced telemedicine services
- Increased access to specialty services
- Increased knowledge of available specialty services
- Improved health outcomes

## Plan to Evaluate Anticipated Impact(s) of these Activities:

- Track expansion of telemedicine services
- Track development of new outreach education materials

Measure of Success: Daniels Memorial Healthcare Center expands access to specialty care services.

Goal 1: Improve access to healthcare services in Daniels County.

**Strategy 1.3:** Support local transportation services that assist County residents in accessing healthcare services in the region.

Activities	Responsibility	Timeline	Final Approval	Partners	Potential Barriers
Continue Daniels Memorial Healthcare Center's participation on Daniels County Transportation Committee in supporting local transportation services.	Marketing	Ongoing	CEO	Board, Daniels County, City of Scobey, Valley County Transit	Workforce limitations

### **Needs Being Addressed by this Strategy:**

- 4. Respondents rated the top component of a healthy community as "Access to health care and other services" (70.4%).
- 5. 26.7% of survey respondents indicated they or a family member had to delay or not receive needed medical services in the past three years. Top reasons identified for having to delay or not receive services was they "Could not get an appointment", "Too long to wait for an appointment", "It costs too much" and "It was too far to go".
- 8. Key informant interview participants noted a need for services that assist seniors to age in place.
- 9. Social isolation was identified as a concern for seniors in the community.
- 10. 5.8% of survey respondents indicated they felt lonely or isolated in the past year "Everyday" or "Most days".

## **Anticipated Impact(s) of these Activities:**

- Increased access to healthcare services
- Enhanced community engagement
- Improved health outcomes

## Plan to Evaluate Anticipated Impact(s) of these Activities:

Number of Transportation Committee meetings attended

Measure of Success: Continued operation of Daniels County Transportation with DMHC as Lead Agency

## **Goal 1:** Improve access to healthcare services in Daniels County.

**Strategy 1.4:** Support and expand senior services that assist Daniels County seniors to age in place.

Activities	Responsibility	Timeline	Final Approval	Partners	Potential Barriers
Explore feasibility of offering home care services through Daniels Memorial Healthcare Center (assess potential partners).	Director Nursing Services/Educa tion	Q1 2019 begin Q3 report study results	CEO	Community First Choice/ Personal Assistance Programs	Resource limitations Financial limitations
Explore feasibility of assisted living services through Daniels Memorial Healthcare Center (assess potential partners).	CEO	Begin 2020	CEO	Community partners/architect ural firm	Resource limitations Financial limitations
Continue to provide services (visiting nurse, adult daycare, footcare clinic, lifeline, whirlpool) that assist seniors to age in place.	Assistant Director Nursing Services	Ongoing	CEO	Scobey Senior Center	Resource limitations Financial limitations Workforce limitations
Continue to provide access to healthy meals through Meals on Wheels program for seniors in Daniels County.	Dietary Manager	Ongoing	CEO	Senior Center	Resource limitations

## **Needs Being Addressed by this Strategy:**

- 1. Respondents rated the top component of a healthy community as "Access to health care and other services" (70.4%).
- 5. 23.2% of survey respondents rated their knowledge of healthcare services as "Fair" or "Poor".
- 7. Survey respondents most desired specialty services were: Dermatology, Assisted living, and Mental health
- 8. Key informant interview participants noted a need for services that assist seniors to age in place.
- 9. Social isolation was identified as a concern for seniors in the community.
- 10. 5.8% of survey respondents indicated they felt lonely or isolated in the past year "Everyday" or "Most days".

## **Anticipated Impact(s) of these Activities:**

- Improved access to health services
- Enhanced health services for Daniels County seniors
- Improved knowledge of available services
- Improved health outcomes

## Plan to Evaluate Anticipated Impact(s) of these Activities:

- Determine feasibility of home care and assisted living services at Daniels Memorial Health Care
- Track development of new senior service outreach materials
- Track number of meals provided through Meals on Wheels program

Measure of Success: Completion of feasibility study of assisted living services; completion of home care services study; continued meals on wheels program.

Goal 2: Enhance Daniels Memorial Healthcare Center's support of and outreach for health and wellness in Daniels County.

Strategy 2.1: Support community programs and events that encourage healthy behaviors and lifestyles.

Activities	Responsibility	Timeline	Final Approval	Partners	Potential Barriers
Continue to support community health and wellness programs and events that promote healthy behaviors and activities.  - Sponsor Tower Hill Walk and Golf Tournament  - Provide sports physicals to area schools  - Provide space for various classes and access to PT facility and equipment  - Participate in Day of Service community event targeted to local veterans	CEO, Clinic Manager	Ongoing	CEO	Daniels County Public Health, Area schools	Resource limitations Financial limitations Scheduling conflicts
Safe Summer Workshop – elementary ages	Education	Summer program begin 2019	CEO	Local agencies, law enforcement, EMS, Fire dept, Border Patrol	Scheduling conflicts
Explore new modalities (social media, other) to promote health, wellness and provide information to community	Marketing	Q3 2019	CEO	Third party agency	Financial limitations

## **Needs Being Addressed by this Strategy:**

- 5. 23.2% of survey respondents rated their knowledge of healthcare services as "Fair" or "Poor".
- 11. 55.5% of survey respondents rated the community's health as "Somewhat healthy."
- 12. Those classes/programs that survey respondents were most interested: "Health and wellness", "Weight loss", and "Nutrition".
- 13. 18.8% of survey respondents indicated they had physical activity of at least 20 minutes over the past month either "1-2 times per month" or "no physical activity".

## **Anticipated Impact(s) of these Activities:**

- Increase in knowledge of community health and wellness opportunities
- Enhanced community engagement
- Improved health outcomes

## Plan to Evaluate Anticipated Impact(s) of these Activities:

- Track number of events supported and participants
- Track utilization of Daniels Memorial Health Care space by social service programs for community programming
- Track number of sports physicals provided to local school youth
- Track number and types of postings via new modality
- Track interactions via social media platforms or similar

Measure of Success: Increased participation in health and wellness programs.

**Goal 3:** Improve access to mental health services at Daniels Memorial Healthcare Center.

**Strategy 3.1:** Explore opportunities to advance access to mental health services.

Activities	Responsibility	Timeline	Final Approval	Partners	Potential Barriers
Convene staff workgroup to identify/evaluate potential mental health opportunities, current resources, and barriers, challenging access to mental health services.	Education/CEO	Q3 2019	CEO		Resource limitations
Explore expanded use of telehealth mental health services.	Education	Q1 2020	CEO	EMTN	Resource limitations Financial limitations
Determine community/regional partners and resources that support access to mental health services.	Education	Q4 2019	CEO	County Health Departments, EMTN, Billings Clinic	Resource limitations Financial limitations
Present mental health workgroup findings to facility staff and discuss next steps.	Education/CEO	Q3 2020	CEO		

## **Needs Being Addressed by this Strategy:**

- 1. Respondents rated the top component of a healthy community as "Access to health care and other services" (70.4%).
- 2. Respondents identified the top ways to improve the community's access to healthcare: "More specialists", "More primary care providers", "More information about available services", and "Telemedicine".
- 14. Top identified health concerns for the community were: "Cancer", "Alcohol abuse/substance abuse", and "Depression/anxiety".
- 15. Mental health services were identified as a top desired healthcare service and its importance has grown significantly more than in previous assessments.
- 16. 18.9% of survey respondents indicated there were periods of at least three consecutive months in the past three years where they felt depressed on most days.
- 17. Key informant interviews frequently mentioned mental health as a top concern. Noting limited resources and services available.

### **Anticipated Impact(s) of these Activities:**

- Increased access to mental health services
- Enhanced community engagement
- Improved health outcomes

## Plan to Evaluate Anticipated Impact(s) of these Activities:

- Track outcome of staff workgroup meetings
- Determine feasibility of telehealth mental health expansion
- Track results and dissemination of workgroup report

Measure of Success: Continue to drive for solutions for mental health support in Daniels County including expanded use of telehealth services.

**Goal 3:** Improve access to mental health services at Daniels Memorial Healthcare Center.

**Strategy 3.2:** Continue support of current mental health efforts in Daniels County.

Activities	Responsibility	Timeline	Final Approval	Partners	Potential Barriers
Continue participation in Billings Clinic Suicide Prevention program providing services to providers in evaluating mental health needs presenting in ER via iPad.	Education	Ongoing	CEO	Billings Clinic	Financial limitations
Continue Daniels Memorial Healthcare's participation on Daniels County Local Mental Health Advisory Committee.	Education	Ongoing	CEO	Daniels County Local Mental Health Advisory Committee	Scheduling conflicts
Expand LCSW/LCPC services at Daniels Memorial Healthcare Center.	CEO	Ongoing	CEO	Billings Clinic, Easter Montana Mental Health Services, county services	Resource limitations Financial limitations
Support Daniels Memorial Healthcare Center's Social Services Manager in partnering with local schools to implement the #LetsTalk app with local youth (provides an easy to use resource for things pertaining to mental health and suicide prevention).	Social Services Manager	Q3 2019	CEO	Scobey school district	Resource limitations Financial limitations

## **Needs Being Addressed by this Strategy:**

- 1. Respondents rated the top component of a healthy community as "Access to health care and other services" (70.4%).
- 2. Respondents identified the top ways to improve the community's access to healthcare: "More specialists", "More primary care providers", "More information about available services", and "Telemedicine".
- 14. Top identified health concerns for the community were: "Cancer", "Alcohol abuse/substance abuse", and "Depression/anxiety".
- 15. Mental health services were identified as a top desired healthcare service and its importance has grown significantly more than in previous assessments.

- 16. 18.9% of survey respondents indicated there were periods of at least three consecutive months in the past three years where they felt depressed on most days.
- 17. Key informant interviews frequently mentioned mental health as a top concern. Noting limited resources and services available.

## **Anticipated Impact(s) of these Activities:**

- Increased access to mental health services
- Enhanced community engagement
- Increased knowledge to addressing mental health needs

### Plan to Evaluate Anticipated Impact(s) of these Activities:

- Track outcomes in participation in Billings Clinic ER assistance program
- Track numbers of meetings with Local Mental Health Advisory Committee
- Track expansion of LCSW/LCPC services at Daniels Memorial Healthcare Center
- Track student participation in youth school program

**Measure of Success:** Grow mental health services at DMHC by developing internal and external resources.

## **Needs Not Addressed and Justification**

Identified health needs unable to address by DMHC	Rationale
Top health concern identified in the community was     "Cancer".	<ul> <li>While not directly attended to in this plan, DMHC addresses chronic diseases, such as cancer, through education and prevention efforts. Cancer services will be included in the study of expanded specialty services via telemedicine, however providing more extensive cancer treatment services is not feasible at this time.</li> </ul>
2. Largest barrier to having health insurance was ability to pay.	DMHC offers payment plans and cost assistance programs.
<ol> <li>42.6% of survey respondents indicated they either were unaware or not sure of programs that assist people with their healthcare bills.</li> </ol>	DMHC will continue to offer community education on available financial resources.

#### **Dissemination of Needs Assessment**

Daniels Memorial Healthcare Center "DMHC" disseminated the community health needs assessment and implementation plan by posting both documents conspicuously on their website (<a href="http://www.danielsmemorialhealthcare.org/">http://www.danielsmemorialhealthcare.org/</a>) as well as having copies available at the facility should community members request to view the community health needs assessment or the implementation planning documents.

The Steering Committee, which was formed specifically as a result of the CHSD [Community Health Services Development] process to introduce the community to the assessment process, will be informed of the implementation plan to see the value of their input and time in the CHSD process as well as how DMHC is utilizing their input. The Steering Committee, as well as the Board of Directors, will be encouraged to act as advocates in Daniels County as the facility seeks to address the healthcare needs of their community.

Furthermore, the board members of DMHC will be directed to the hospital's website to view the complete assessment results and the implementation plan. DMHC board members approved and adopted the plan on **May 30, 2019**. Board members are encouraged to familiarize themselves with the needs assessment report and implementation plan, so they can publicly promote the facility's plan to influence the community in a beneficial manner.

DMHC will establish an ongoing feedback mechanism to take into account any written comments it may receive on the adopted implementation plan document.